

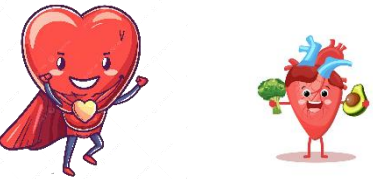
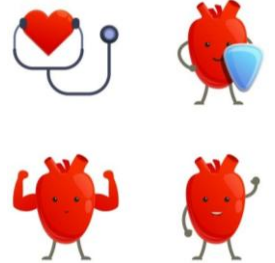

























Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
FEBRUARY 2025						
	<p style="text-align: center;">COLOR KEY</p> <p>PHYSICAL SOCIAL INTELLECTUAL SPIRITUAL</p> <p>HEALTH SERVICES VOCATIONAL EMOTIONAL ENVIRONMENTAL</p> <p style="text-align: center;"></p>	<p>ROOM REFERENCE:</p> <p>ACR Arts & Crafts C Cafe CA Clark Auditorium L Lounge CL Clinic LI Library CR Conference LMR Lounge Meeting DR Dining Room MLR Mailroom FC Fitness Center MVR Motor Vehicle FL Front Lobby PDR Private Dining HC Health Center SA Sports Area PP Polly's Pool</p>	<p>FRIDAY SHOPPING TRIPS: 9:30 Banks 9:30 Brick Shop-rite, Target 1:00 TR Stop & Shop OR Walgreens *Please sign up in the Activity book</p>	<p>Heart Healthy Month</p> 		<p>1 10:00 Seated Yoga, 591 1:00 Book Discussion, ACR 1:15 Algonquin, Tony Bennett Tribute, Bus  7:00 Movie <i>Judy</i>, ACR 8:00 Meditation video, 591</p>
<p>2 Groundhog Day  TRANSPORTATION TO CHURCH SIGN UP IN THE ACTIVITY BOOK 9:15 St. Lukes 10:00 Stream Catholic MassCA 11:00 How Great Hymns 591 2:00 PCTR Communion, CA</p>	<p>3 9:00 Tone It Up, CA 10:30 Pool Class, PP 11:15 Stretch & Strength, FC 1:00 Sit & Fit, CA 2:00 Heart Talk, CA  6:30 Poker, LMR 6:45 Rosary, ACR Healthy Heart Program with Matt Starts</p>	<p>4 9:00 Balance & Posture, CA 9:30 Walking Group, FL 10:00 Stitch N Chat, ACR 10:30 Open Gym Time, FC 10:30 Wii Bowling, FC 1:00 Seated Strength, FC</p>	<p>5 9:00 Stretch, Relax, Renew, CA 9:30 Atlantic City Casino, Bus  9:45 Meditation, LMR 10:30 Pool Class, PP 1:00 Core Crunch, CA 2:00 Cookie Decorate Crew, ACR </p>	<p>6 9:00 Balance Class, CA 9:30 Walking Group, FL 10:30 Open Gym Time, FC 1:00 Seated Strength, CA 2:00 Wii Bowling, FC 2:00 Paul White Lecturer – Pres. and First Ladies, CA 6:30 Poker, LMR </p>	<p>7 Wear RED Day  9:00 Tone it Up, CA 9:00 & 11:30 Wii Bowling, FC 10:30 Aqua Balance, PP 1:00 Sit & Fit, CA 1-3:00 Sip & Paint w/Jess, ACR 2:00 Chair Volleyball, CA 6:00 Shabbat Service, channel138JBS 6:30 Pinochle, LMR</p>	<p>8 10:00 Seated Yoga, 591 2 & 7:00 Movie <i>Martha</i>, ACR 8:00 Meditation video, 591</p>
<p>9 TRANSPORTATION TO CHURCH SIGN UP IN THE ACTIVITY BOOK 9:15 St. Lukes 10:00 Stream Catholic MassCA 11:00 How Great Hymns 591 2:00 Ken & Bea Concert, CA 6:00 Super Bowl LIX on the BIG screen, CA </p>	<p>10 9:00 Tone It Up, CA 10:00 Jewelry SALE, FL 10:30 Pool Class, PP 11:15 Stretch & Strength, FC 1:00 Sit & Fit, CA 2:00 Chair Volleyball, CA 6:30 Poker, LMR 6:45 Rosary, ACR</p>	<p>11 9:00 Balance & Posture, CA 9:30 Walking Group, FL 10:00 Stitch N Chat, ACR 10:30 Open Gym Time, FC 10:30 Wii Bowling, FC 2:00 Movie <i>The Notebook</i>, CA  1:00 Seated Strength, CA</p>	<p>12 9:00 Stretch, Relax, Renew, CA 9:45 Meditation, LMR 10:30 Pool Class, PP 1:00 Core Crunch, CA 2:00 Leap Into Love WINE & Cheese Dance Party with Zack, CA </p>	<p>13 9:00 Balance Class, CA 9:30 Walking Group, FL 10:30 Open Gym Time, FC 1:00 Seated Strength, FC 2:00 Wii Bowling, FC 6:30 Poker, LMR</p>	<p>14 Valentine's Day!  9:00 Tone it Up, CA 9:00 & 11:30 Wii Bowling, FC 10:30 Aqua Balance, PP 1:00 Sit & Fit, FC 1:30 Scavenger "Love" Hunt, ACR 2:30 Movie <i>P.S. I Love You</i>, ch 594 6:00 Shabbat Service, channel138JBS 6:30 Pinochle, LMR</p>	<p>15 10:00 Seated Yoga, 591 2 & 7:00 Movie <i>The Six Triple Eight</i>, ACR 8:00 Meditation video, 591</p>
<p>16 TRANSPORTATION TO CHURCH SIGN UP IN THE ACTIVITY BOOK 9:15 St. Lukes 10:00 Stream Catholic MassCA 11:00 How Great Hymns 591 2:00 FUMC Communion Serv, ACR 3:00 Fred Miller Lecture In Song <i>Rodgers & Hart</i>, CA </p>	<p>17 President's Day  9:00 Tone It Up, CA 10:30 Pool Class, PP 11:15 Stretch & Strength, FC 1:00 Sit & Fit, FC 6:30 Poker, LMR 6:45 Rosary, ACR</p>	<p>18 9:00 Balance & Posture, CA 9:30 Walking Group, FL 10:00 Stitch N Chat, ACR 10:30 Open Gym Time, FC 10:30 Wii Bowling, FC 1:00 Seated Strength, CA  2:00 Lecture: <i>The Hindenburg Experience</i> w/Bill Schmidt, CA</p>	<p>19 9:00 Stretch, Relax, Renew, CA 9:45 Meditation, LMR 10:30 Pool Class, PP 12:00 Lunch on Own, Italy's Best, Bus  1:00 Core Crunch, CA 2:00 Sponsored BINGO, ACR  3:00 Chess Club, LMR</p>	<p>20 9:00 Men's Breakfast, DR  9:00 Balance Class, CA 9:30 Walking Group, FL 10:30 Open Gym Time, FC 1:00 Seated Strength, FC 2:00 Wii Bowling, FC 2:00 Dec, Jan, Feb Bday Party, CA 6:30 Poker, LMR</p>	<p>21 9:00 Tone it Up, CA 9:00 & 11:30 Wii Bowling, FC 10:30 Aqua Balance, PP 1:00 Sit & Fit, CA 2:00 Movie <i>WICKED</i>, CA  6:00 Shabbat Service, channel138JBS 6:30 Pinochle, LMR</p>	<p>22 10:00 Seated Yoga, 591 2 & 7:00 Movie <i>Call Me Kate</i>, ACR 8:00 Meditation video, 591</p>
<p>23 TRANSPORTATION TO CHURCH SIGN UP IN THE ACTIVITY BOOK 9:15 St. Lukes 10:00 Stream Catholic MassCA 11:00 How Great Hymns 591 2:00 The Navesink Brass, CA </p>	<p>24 9:00 Tone It Up, CA 10:30 Pool Class, PP 11:00 Terrone Jewelers, ACR 11:15 Stretch & Strength, FC 1:00 Sit & Fit, CA 2:00 Pie/Coffee Hour w/Caring People, CA 6:30 Poker, LMR 6:45 Rosary, ACR </p>	<p>25 9:00 Balance & Posture, CA 9:30 Walking Group, FL 10:00 Stitch N Chat, ACR 10:30 Open Gym Time, FC 10:30 Wii Bowling, FC 1:00 Seated Strength, CA 3:00 Catholic Mass Fthr Guilherme, CA</p>	<p>26 9:00 Stretch, Relax, Renew, CA 9:45 Meditation, LMR 10:30 Pool Class, PP 11:00 All Resident Meeting, CA  1:00 Core Crunch, FC 1:30 Opera w/John, CA Double Bill: <i>Pagliacci/Gianni Schicchi</i></p>	<p>27 9:00 Balance Class, CA 9:30 Walking Group, FL 10:30 Open Gym Time, FC 1:00 Seated Strength, CA 2:00 Wii Bowling, FC 2:00 Tomardo Dance Party, CA  6:30 Poker, LMR</p>	<p>28 9:00 Tone it Up, CA 9:00 & 11:30 Wii Bowling, FC 10-1p Scooter/Walker Clinic, CA  10:30 Aqua Balance, PP 1:00 Sit & Fit, CA 2:00 Chair Volleyball, CA 6:00 Shabbat Service, channel138JBS 6:30 Pinochle, LMR Healthy Heart Program with Matt Ends</p>	